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*A Publication for the Members of the Lenape Bulldog Club of Pa.  
A licensed AKC Club and proud member Club of the Bulldog Club of America,  
Division I.*

**MEETING INFORMATION**

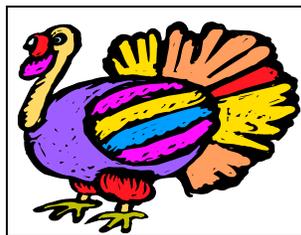
The next meeting will be on held on November 19, 2010.  
The meeting starts at 7:30 p.m. Most members come early and have dinner.

**DIRECTIONS:**

From 422 West-Follow 422 West (do not take Business route). Continue to Wyomissing Blvd. exit At the top of the ramp turn left. Go to 1st traffic light and turn right. Go to next traffic light and turn left. Go to the stop sign and turn right. Go to the next traffic light and turn left. Go thru the shopping mall area to the end at the traffic light (State Hill Road) turn right—Giannotti's is on the left hand side.

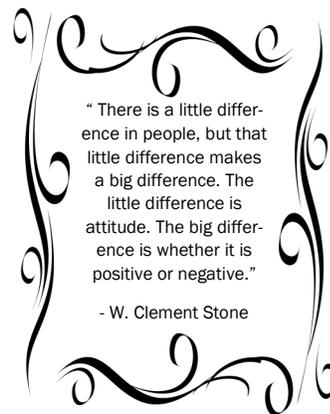
From PA Turnpike—Exit at Morgantown exit. Take route 176

North to Route 422 West and follow directions from above.



**DATES TO REMEMBER**

Jan 8, 2011-Clubs Holiday Party  
Jan 22 & 23, 2011-Clubs shows



“ There is a little difference in people, but that little difference makes a big difference. The little difference is attitude. The big difference is whether it is positive or negative.”

- W. Clement Stone

**CLUB STUFF**

The next event coming up for the Club will be the annual Holiday party on Jan 8, 2011 at Bonnie & Ernie's. Please see the flyer You can give Bonnie Baxter a call at 610-327-0719 or email her and let her know how many are coming (people only, let your dogs stay home

and enjoy a nap) and what you will be bringing.

Please also mark your calendar for the Clubs shows on Jan 22 & 23, 2011 in Reading. We will need help setting up and all through the shows.

The nominating committee will report at the next meeting so

plan to attend.

The Club is looking for new positive people who want to join with us and work for a better Club that will grow in the coming years. Know someone? Bring them along to the meeting or invite them to the upcoming show. Help the Club.



## REFLEXOLOGY FOR DOGS



Reflexology is the art of massaging specific areas of the feet and hands or in the case of our dogs, the paws and lower legs. It is based on the premise that there are specific areas in the paws, tail and ears that correspond to all body systems. This is termed “zone therapy” and divides the body into two equal parts with both sides divided into five zones, each one corresponding to a toe. The pressure or rubbing is applied without any lotions or oils and a gentle pressure is applied. If they

seem tender the therapist just holds or strokes them. It is important to remember that what we refer to as the heel and the instep on our feet usually never touch the ground in dogs. So the hock is equivalent to the heel, and represents the buttock, hip and lower back area. When massaging the leg, from the paw to the hock, by reflex it affects the entire spine. Then starting from the median aspect of the paw, when massaging the 1st digit, all the inner body organs are benefitting from the

therapy, and so on. When doing the last digit, it is like massaging the shoulders, hips, and lateral side of the knee and ankles. It is beneficial to work the entire lower limb and paw. Do not work on paws alone, this could irritate more than correct or calm. Some dogs don't want their paws touched initially. Begin by holding your dogs feet gently for a minute or two. Increase the time as the days go on and soon you will be able to work the reflex points.

## TURKEY JERKY DOG TREATS



Got left over turkey and want to make a treat that lasts and has most of the fats removed? Well turkey jerky is right up there is great treats.

You will need 1/2 to 1 lb of turkey, dark or white meat but no bones.

Cut the turkey meat in thin slices using a sharp knife. Size does not matter but they should be as thin as possible. Lay them

out on a baking sheet (or two). Place them in the oven on a rack placed as high as possible.

Turn the oven to 150 degrees. If your oven does go that low, turn it as low as it will go and leave the oven door jar.

Bake the meat for two hours, keeping an eye on the turkey to make sure it isn't burning. If it starts to brown your oven is too hot turn it off for 1.2 hour and

then back on. After 2 hours sample a piece. It should be crispy or leathery, but not moist or tender. If it is not ready, let it continue to bake, testing every 1/2 hour, up to 4 hours.

When done, remove them and let them cool completely. Store them in an airtight container for at least two weeks.

You can use a commercial dehydrator if you have one.

## STUFF



The American Veterinary Medical Association has teamed up with online health information provider WebMD to create an interactive forum where guest experts provide veterinary advice to pet owners. Go to [www.webmd.com](http://www.webmd.com), then click on Healthy Pets.

The 250th anniversary of the veterinary profession will be

celebrated worldwide in 2011. Veterinarian Claude Bourgelat established the first veterinary school in Lyon, France, in 1761. You can learn more about the profession's history and events taking place by visiting [www.vet2011.org](http://www.vet2011.org).

How dogs approach other canines depends on the direction their tail wag, say researchers

at the University of Victoria in British Columbia. Dogs who move their tails to the right elicit more caution from approaching canines that those wagging to the left.