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JUNE 2012

DEWS, FLEWS & NEWS

A Publication for the Members of the Lenape Bulldog Club of Pa.

A licensed AKC Club and proud member Club of the Bulldog Club of America,

Division I.

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MEETING INFORMATION

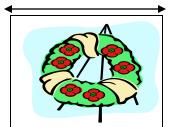
The next meeting will be held on June 15, 2012. The meeting starts at 7:30 p.m. Most members come early and have dinner.

DIRECTIONS:

From 422 West-Follow 422 West (do not take Business route). Continue to Wyomissing Blvd. exit At the top of the ramp turn left. Go to 1st traffic light and turn right. Go to next traffic light and turn left. Go to the stop sign and turn right. Go to the next traffic light and turn left. Go thru the shopping mall area to the end at the traffic light (State Hill Road) turn right—Giannotti's is on the left hand side.

<u>From PA Turnpike—</u>Exit at Morgantown exit. Take route 176

North to Route 422 West and follow directions from above. Address is: 1714 State Hill Road Reading, PA 19610.

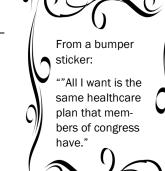




DATES TO REMEMBER

July 21,2012-Club picnic details to follow in the summer newsletter.

Sept 30, 2012-match at Limerick PA. Details to follow in summer newsletter.



CLUB STUFF

A possible new show site is being looked at. Many things are going on at the meetings so come out and be a part of them.

The picnic and some options are being discussed with more details coming at the next meeting.

The Club will have a program presented this meeting titled, "HOOKWORMS, WHIP-WORMS,OH MY" See flyer attached for the details. Have any ideas of some programs we can have let us know.

Match to be held 9/30/12.

.Don't forget that if your email address changes, or your phone number and mailing address please notify the Club or we won't be able to get the newsletter to you.

Come on out and be a positive part of the Club. The Club needs your input and help.

True False





SOME ADULT TRUTHS

- I totally take back all those times I didn't want nap when I was younger.
- 2. How the heck are you supposed to fold a fitted sheet?
- 3. Was learning cursive really necessary?
- Map Quest needs to start their directions on #5. I'm pretty sure I know how to get out of my own neighborhood.
- 5. Bad decisions make good stories.
- Can we all just agree to ignore what comes after Blue Ray. I don't want to have to restart my collection...again.
- 7. I have a hard time deciphering the fine line between boredom and hunger.
- The first tentacular guard, the "cup" was used in Hockey in 1847 and the first helmet was used in 1974. That means it only took 100 years for men to realize that their brain is also important (ladies...quit laughing).
- Obituaries would be more interesting if they told you how the person died.
- 10. There is a great need for a sarcasm font.



PET SAFETY AWARENESS

The folks at Pet Poison Helpline reported that the top 5 most common purse items that poison pets are usually gotten by the pet that has found a "treat" when looking into

That open purse left on the floor.

- 1. Human medications. About half the yearly calls to the hotline are because someone's pet ingested a medication found in a handbag, book bag, duffle bag, etc. Human pills come in bottles, and the sound of a rattling pill bottle is similar to some noises made by dog toys. Antidepressants are the #1 cause of calls. Signs that they have ingested these are sedation, loss of coordination, agitation, trembling and seizures. Nonsteroidal anti-inflammatory drugs (NSAIDS) like Advil, Motrin and Aleve can cause GI ulcers and kidney failure.
- Asthma inhalers. If your dog bites into an asthma inhaler, it has the potential to result in acute, lifethreatening poisoning. These inhalers contain highlyconcentrated does of drugs like albuterol (a beta-agonist). This can bring on vomiting, agitation, heart arrhythmia, collapse, and if not immediately treated, possibility death.
- Artificially-sweetened gum and mints. Many of the sugarless gums and mints contain Xylitol, a sugar substitute highly toxic to dogs. Even a small amount of Xylitol can result in a dangerous blood sugar crash in canines, and larger amounts can lead to liver failure. Symptoms include vomiting, weakness, collapse, shaking and seizures.
- 4. Cigarettes, smokeless tobacco, and other products which contain nicotine. A small dog can die from ingesting just three cigarettes, depending on the brand. Nicotine poisoning signs come on quickly and include elevated heart and respiratory rates, neurological symptoms, loss of bladder or bowel control, tremors, seizures, paralysis and death.
- 5. Hand sanitizers. These products contain lots of alcohol. Alcohol (ethanol) is usually the main germ killing agent. This can result in a severe drop in blood sugar, loss





LAUGHTER IS THE BEST MEDICINE

Laughter has been known to be one of the most powerful ways to ward off disease and illness known to man. Laughter brings joy to your life and to those around you.

It alleviates pain in the body and provides you with a sense of well being by releasing endorphins and serotonin, which have been proven to help reduce pain and can even enhance treatments of many illnesses and diseases.

It reduces the negative stress hormones such as cortisol and epinephrine, helping you feel more relaxed.

It affects our social relationships. It allows us to connect with others more readily and to share a common bond with them. It helps supply your body with oxygen, helping you feel full of energy and life.

Your body treats laughter just like exercise, as it makes the blood vessels work more efficiently, increase blood flow to the heart, and helps increase lung capacity.

A good belly laugh can boost your immune systems ability to ward off disease for up to three days. Just imagine the benefits of laughing multiple times a day.

It is the best alternative medicine for depression available...and it's free. It is a great distraction from the stresses and rigors of life. Any time you can change your focus from the negative emotions of your day, even for just a few moments, the better off you are.

It also enhances your ability to have a good nights sleep.

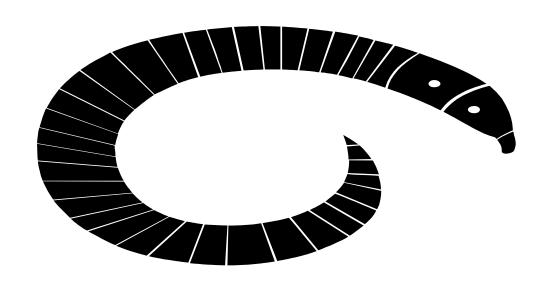
The bottom line is that laughing is one of the best natural health remedies. So, if your stress levels are mounting, if you are feeling unhealthy, if you are feeling rundown and depressed, or you just want some relief...LAUGH! The more you laugh, the better you feel, and the better those around you will feel.

I guess a laugh a day really does keep the doctor away.



LENAPE BULLDOG CLUB OF PA JUNE 15, 2012 LECTURE

WHIPWORM, ROUNDWORM, HOOKWORM
OH, MY!!!



GIVEN BY CYNTHIA MABRY, MT